



Castle Rock Senior Center

THE CHATTER FOR JULY 2024

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WORLD PEACE RUNNERS

The World Peace Runners came on Wednesday, June 19th, and were a lot of fun, and quite informative. It was awesome to meet the runners who came from all over the world, and they had many stories to share. They arrived around 12:30 pm, so they were able to share in our potluck, and then a delicious ice cream sundae afterwards. I think all can agree that a great time was had by all.

VOLUNTEERS NEEDED

We are losing our ambassador on Mondays, as **Diane Johnson** is only able to fulfill the ambassador position on Wednesdays. All other days except Monday are covered with volunteers, but we need someone to help out on Mondays. As you know, Mondays are an important day for our members, as we serve cinnamon rolls and coffee for \$2. The last page of this Chatter lists the responsibilities needed to fill this position. Please, please do your part, and help. The Senior Center needs you!

CASTLE ROCK FAIR - JULY 18th - 20th

This year's Castle Rock Fair begins with a parade on Thursday July 18th from 6pm to 7pm followed by the opening of the Fair from 7pm to 9pm. Then it is open again on Friday the 19th and Saturday the 20th from 10am to 10pm. **Note that seniors are given free entrance on Friday between 10am and 2pm.**

Volunteers Needed for Raffle Ticket Sales: During the Fair we will once again be selling raffle tickets for the beautiful quilt donated by our Castle Rock Quilters. We need volunteers to staff the table. Each shift is 2 hours and you get to meet a lot of really cool people and serve as an Ambassador for the Senior Center. The volunteer sign-up sheet is at the Center on the table where you sign in OR you can call the Senior Center at 360.274.7502.

Volunteers to staff the Log Cabin: We also need volunteers to staff the log cabin where the antiques are displayed. You can also sign up for those shifts at the Senior Center at the sign in table OR you can call the Senior Center at 360.274.7502.

Calling all Antiques! Finally, Senior Center members have been significant contributors in the past to the antiques on display in the Log Cabin. If you have antiques you would like to put on display this year (and for which you might win cash prizes), please see the instructions provided



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at the Senior Center for how to properly label your antiques. We've also provided you with all the "tagging" materials to try to make this as easy as possible for you 😊

SUMMER PICNIC SIGN-UP

We would like to bring back our tradition of a summer picnic this year at the Castle Rock FairGrounds. **We have reserved the site for August 16th from 12-3 (Note date change).** This is a fun time to connect with others, eat great food, play some games and enjoy live entertainment. Please sign up online here - <https://www.crseniorcenter.org/picnic> - or at the Senior Center by July 10th. We need a minimum of 40 signups to proceed.

CANS AND PLASTIC BOTTLES

When donating your cans or plastic bottles, please make sure you separate the two items. As you know, the cans go into the barrel located in the dining room. However, if you have plastic bottles, just leave them in a bag on the floor next to the can barrel. This makes it easier when the cans are picked up, as they don't have to be separated.



Happy 4th of July!

Note, the office will be closed on the 4th.

Senior Center Wednesday Lunch Menu



July 3

Cheeseburger, Baked Potato Salad, Sliced Tomato/Lettuce & Pickles, Apple Peach Crisp

July 10

Beef Chili, Corn, Roasted Pepper & Tomato Salad, Peaches, Corn Bread

July 17

Pesto Chicken Pasta Salad, ½ Ham Sandwich, Berries & Cream

July 24

Sour Cream Beef Noodle Bake, Sliced Carrots, Sliced Oranges

July 31

Sweet & Sour Chicken, Pan Fried Noodles, Capri Blend, Mandarin Oranges

For reservations, please call Denise at (360) 762-3111.



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JULY BIRTHDAYS

(Highlight = 90+ years young)



Name	Date	Name	Date	Name	Date
Evelyn Ruse	1	Jack George	15	Marla Lanier	24
Don Belding	1	Sue McCool	16	Joyce Carter	24
Jack Reilly	1	Vel Graham	16	Terry Forsyth	25
Sterling Boyce	2	Lois Mott	17	David Haines	25
Neville Rodriguez	2	Karen Roubicek	17	Bruce Williams	26
Dan Engelbertson	3	Ernie Smith	18	Vic Sala	26
Lesli Curdy	4	Joyce Mitbo	18	Jewel Swift	26
Diane Porter	4	Adell Hartwell	19	Jayne Merz	26
John Baker	4	Ruby Morgan	19	Betty Newton	26
Kathy Reinholdt	5	Juan Weston	19	Carol Langley	26
Galen Jones	6	Mary Helen Day	19	Mary Ruth Wallace	26
Gerald Neal	6	Barbara Wilson	20	Jerry Godinho	27
Mary Hardwick	7	Marian Schelb	20	Marge Veach	28
Sharon Sharp	8	Kathy Maudslien	20	Linda Moody	28
Jean Brown	12	Kathie Marts	21	Glenn Hartwell	29
Rama Mitchell	12	Irene Rider	21	Ginger Vorse	29
Harriet Laine	13	Liz Wall	22	Jim Williams	29
Jon Eslick	14	Arv Shaw	22	Louise Courtright	29
Karl Truttmann	14	Sam Anderson	22	Loretta Courtney	31
		Shelia Jones	23		



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Important Reminders

- **Make sure you sign the Sign-In Book** located on the table each time you come into the Center. This is important, as the number of people who use the Senior Center are counted.,
- **Please bring your plastic bottles to the Center.** Mary Nelson will collect and deliver them to the Senior Center in Rainier, OR to be recycled.
- **Please bring in your unwanted yarn** for Mary Chappell. Mary is the talented lady who makes the beautiful lap robes we sell.
- **Drop off any of your unwanted medications** in the box in the main room at the Center marked for this purpose.
- **Please continue to bring in your aluminum cans.** Mary and Wayne pick them up, and money collected goes to benefit the Senior Center.
- **Donate your unwanted greeting cards** to the Senior Center.
- **Donate your glasses, cases, etc.,** for the Lions Club.
- **Please consider buying raffle tickets for the quilt** hanging on the wall. Tickets are \$1 each, 6 for \$5. You can buy tickets anytime you are at the center.
- **Potluck 3rd Friday of the month.** Hope to see you there!
- **Commodities are delivered on the 3rd Thursday** of every month to our parking lot. Have your CAP ID card.
- **The Lions Food Bank delivers to the Eagles every Thursday** from 1-2 PM. Bring ID showing you live in Castle Rock or Toutle.



THOUGHT FOR THE MONTH

*There are many things in life that will catch your eye,
but only a few will catch your heart... pursue those.*



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AMBASSADOR DUTES - MONDAY

1. Set up table in lobby sometime Sunday, or arrive 8:30 am on Monday to set up table.
2. Turn on lights, and switch "OPEN" sign on.
3. If it's going to be a nice day, hang flag outside.
4. Unlock the side door.
5. Make sure cinnamon rolls are defrosted by placing in refrigerator sometime before Monday.
5. Turn on coffee pot; when light turns green, make coffee.
 - Full pot of "regular" coffee; ½ pot of "decaf" coffee.
6. Heat tea kettle until boiling, then fill the urn marked "hot water" and place in lobby next to coffee pot.
7. Set up table
 - Get place mats from kitchen, and put on table
 - Place napkin next to each place mat.
 - Place silverware on napkin.
 - Cover with table cloth until members arrive.
8. Collect money.
9. Prepare cinnamon rolls.
 - Get plates from left side cabinet under the microwave.
 - Get "to go" containers from cabinet underneath the counter.
 - Heat rolls in microwave until frosting barely starts to melt, don't overheat.
 - Place rolls on plates, and serve.
10. Clean up.
 - Clean up table.
 - Empty and clean coffee pots.
 - Wash dishes.
 - Take out garbage.
11. Turn out lights, turn off "OPEN" sign, lock up, and leave.